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Title of meeting: Health and Wellbeing Board

Subject: Portsmouth Dementia Action Plan 2014 - 2015

Date of meeting: 2nd December 2015

Report by: Director of Integrated Commissioning Service

Wards affected: All

1. **Requested by:** Cabinet Member for Health and Social Care.
2. **Purpose:** To update the HWB on the progress of the Portsmouth Dementia Action Plan and wider Older peoples agenda for 2015/16.
3. **Information Requested - Background**
 - 3.1 The term dementia describes a set of symptoms which include a loss of concentration, memory problems, mood and behaviour changes and problems with communication and reasoning. Dementia is a progressive condition with symptoms becoming more severe over time, for which there is currently no cure.
 - 3.2 It is estimated that 679,000 people in England are living with dementia aged 65 or over. Portsmouth's dementia population is estimated to be 2181 with an estimated rise to 3119 by 2030¹.
 - 3.3 Work stream 4c of the Portsmouth Joint Health and Wellbeing Strategy 2014-17² is to improve the quality of Dementia services and care. The strategy proposes a number of areas for action and these have been translated into actions within the 15/16 Portsmouth Dementia Action Plan.

¹ POPPI data. Projecting Older people population information system

² Portsmouth City Council and Portsmouth Clinical Commissioning Group, Joint health and wellbeing strategy 2014-2017 <https://www.portsmouth.gov.uk/ext/documents-external/hlth-jhwellbeingstrategy2014-17.pdf>

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4. Policy context

4.1 Dementia is a growing, global challenge, as the population ages it has become one of the most important health and care issues facing the world. Given this background there are a number of policy documents to support and inform the way forward:

- Living Well With Dementia - A national dementia strategy, DoH, February 2009
- Quality outcomes for people with dementia: Building on the work of the national dementia strategy, DoH, September 2010
- The Prime Minister's Challenge on Dementia: Delivering major improvements in dementia care and research by 2015, DoH, March 2012
- The NHS mandate, a mandate from the Government to the NHS Commissioning Board; April 2013 to March 2015, November 2012
- Prime Minister's challenge on dementia 2020

4.2 Each of these documents build on the 2009 national dementia strategy, setting out priorities and areas for service improvement in order to help people with dementia live better lives.

4.3 The NHS and the Adult and Social Care outcomes frameworks have two measures in place to support Enhancing quality of life for people with Dementia. The first part measures diagnosis rates for people with dementia within domain two, the second part aims to measure the effectiveness of post diagnosis care in sustaining independence and improving quality of life respectively. Supporting this The National Institute for Health and Clinical Excellence (NICE) has published a number of standards, guidelines and guidance tools for dementia.

5. Dementia prevalence

5.1 Dementia prevalence calculators. (DPC)

Cognitive Function and Ageing Study (CFAS II) calculator provides a more accurate and relevant rate and takes into account the different practice deprivation indices and rates in BME populations.

NHS England is using the CFAS II for planning and monitoring progress going forward for 15/16 and 16/17. They are sending out, via email, the latest data to CCG's until the tool is available online.

5.2 Up to October 2015, the CFAS II provided a diagnosis rate of 70.3% (1410 people) of the local predicted prevalence had a diagnosis, against a local target of 72.4% (1458 people). This ranked Portsmouth 2rd within the Wessex region. See table A below:

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Table A shows dementia diagnosis rates within Wessex area (Provided by Public Health England)

CCG Name	Diagnosis Rate E.A.S.1 CFAS II (aged 65+) October 2015	Diagnosis Rate E.A.S.1 CFAS II (aged 65+) September 2015	Dementia Diagnoses (aged 65+) October 2015	Dementia Diagnoses (aged 65+) September 2015	Dementia Diagnoses (all ages) October 2015
NHS DORSET CCG	61.6%	61.1%	7922	7856	8101
NHS FAREHAM AND GOSPORT CCG	61.1%	61.6%	1678	1692	1722
NHS ISLE OF WIGHT CCG	68.6%	69.7%	1684	1710	1736
NHS NORTH EAST HAMPSHIRE AND FARNHAM CCG	66.3%	65.8%	1522	1509	1553
NHS NORTH HAMPSHIRE CCG	68.1%	68.0%	1595	1593	1630
NHS PORTSMOUTH CCG	70.3%	68.5%	1410	1374	1458
NHS SOUTH EASTERN HAMPSHIRE CCG	65.8%	66.0%	2078	2087	2136
NHS SOUTHAMPTON CCG	71.1%	71.4%	1603	1610	1649
NHS WEST HAMPSHIRE CCG	59.7%	59.5%	5026	5011	5150

- 5.3 NHS England has a national ambition that 67%³ of the estimated number of people with dementia will have a diagnosis and access to post diagnostic support by March 2015.
- 5.4 The CCG have agreed a target of 72.4% for 15/16 (using the revised calculation method based on the CFAS II denominator). It is expected that this target will be achieved in the next couple of months.
- 5.7 All bar four GP practices within Portsmouth have signed up to the 2015/16 Dementia Directed Enhanced Service.

6. Achievements June 2015 to November 2015

- 6.1 The Dementia Steering Group (DSG), which replaced the Dementia Action Group, has been in place since July 2015. Terms of reference were agreed and the membership updated to ensure links with key providers of services are maintained and developed further. These include Solent NHS Trust as provider of the Older Peoples Mental Health Services (OPMH), Portsmouth Hospital Trust, Portsmouth

³ <https://www.england.nhs.uk/wp-content/uploads/2013/12/5yr-strat-plann-guid-wa.pdf>

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Public Health and linkages with the wider mental health strategy and third sector organisations, along with Adult Social Care and primary care representation.

Updates and linkages between the work of this group and the wider transformation work for OPMH will ensure joint development and understanding of the wider strategic programmes of work being undertaken across the city. The main purpose of the DSG is to monitor and update the Dementia Action Plan in accordance with national and local developments.

- 6.3** The transformation programme of the OPMH services provided by Solent NHS Trust is a key programme of work requiring clear communication to ensure the direction of travel and joint thinking to steer sustainable services for the future for this vulnerable cohort. The group unanimously agreed the need to rationalise the number of inpatient beds whilst increasing capacity within the community team to wrap support around the patient. This will enable working towards an 'all age' service based on patient need providing the right support to enable them to stay within the community maintaining independence for as long as is appropriate. This programme of work is due to be completed by the end of this financial year, with the revised model in place February / March.
- 6.4** The British Legion have approached the Integrated Commissioning Service to announce they have secured charitable funding for 5 years to support a full time Admiral nurse post for the city. This post will support either veterans with Dementia or veterans who are carers of someone with Dementia. This programme of work will commence once the team which will also work across Hampshire has been fully recruited to. It is hoped this is likely in the spring of 2016. This work will be closely linked in with the new third sector Dementia pathway which is due to roll out in January 2016.

7 Review of achievements against the 15/16 dementia action plan

- 7.1** Pilot schemes during 15/16 - The current pilot schemes running across the city provided by Alzheimer's society, Solent Mind and Housing 21 are due to complete on 31st December.
A handover will take place between Alzheimer's Society and the successful bidders of the Community Pathway tender between Octobers to December mobilisation period.
- 7.2** The Community Dementia Pathway tender has been completed and the successful group of bidders were Solent Mind, The Rowans Hospice and Social Care in Action Group. We have now entered the mobilisation period and the new service will commence on 1st January 2016. Work is underway to ensure continuity of service for people with dementia and their carers during the transition period.
- 7.3** Work continues with colleagues in Learning and development to roll out a programme of Dementia Friends training across Portsmouth City Council and Portsmouth Clinical Commissioning Group to raise awareness of dementia. A virtual training tool is being trialled by L&D for use in care homes.

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- 7.4** As of September 2015 the number of trained Dementia Friends Champions was 117. The number of Dementia Friends who watched the video on the DF website and registered their details was 2727. The number of Dementia Friends who attended an Information Session run by a Champion whose address is registered in Portsmouth was - 6676.
- 7.5** A link to the latest version of the Portsmouth Dementia Action plan is available here: [Dementia Action Plan 13 August 2015 v8](#)

Background list of documents: Section 100D of the Local Government Act 1972

The following documents disclose facts or matters, which have been relied upon to a material extent by the author in preparing this report: